





### RECREATIONAL MITTS

**Description**: White PU economy bag/pad mitt/glove. Elastic wrist to ensure a tight comfortable fit.

Sizes: small, medium, large.

Colours: white/black.



### **COMPETITOR MITT**

**Description:** Cowhide leather with bonded foam and airex material inner palm area this gym standard punch-bag/pad mitt/glove is designed for maximum comfort and support with water repellent lining.

Sizes: small, medium, large, X-large.

Colour: red/black



### PERFORMER MOULDED MITT

**Description:** Finest cowhide leather with injected mould foam inner. Wrap around elastic fastener for support and comfort. The black with gold branding to back of glove adds a stylish finish.

**Sizes:** small / medium, large/x-large.

Colour: black/gold.



# **GRAPPLING GLOVE**

**Description:** Finest quality soft leather for comfort and movement. Open palm and thumb to reduce restriction, knuckle and back palm padding for additional comfort and leather wrap around fastener makes this the ultimate grappling glove.

Sizes: small, medium, large.

Colour: black







# **ROYAL SPAR GLOVES**

### **Description:**

Top of the range gym sparring glove. Finest cowhide leather with triplicate foam of eva, bonded and rubber foam for comfort and safety. Quilted wrap around velcro fastening for snug fit and extra support

### Sizes:

10oz, 12oz, 14oz, 16oz, 18oz

### **Colour:**

white/blue, white/red black/red, black/ blue, retro brown



# **GYM TRAINER GLOVE**

### **Description:**

Gym standard glove for pad and punchbag workouts. Finest cowhide leather, high density foam padding and wrap around velcro wrist fastener for support and comfortable fit.

### Sizes:

8oz, 10oz, 12oz

### **Colour:**

red, blue, pink with a white inner thumb







### PRO GYM GLOVE

**Description**: Red/white/ black leather gym workout glove with double suede wrap around velcro fastening for secure fit. Multi layer foam and breathable mesh inner palm complement this functional stylish pad & punchbag glove.

**Sizes**: 12oz, 14oz

Colours: red/white/black



### SPEEDBALL/ UNDER GLOVE

**Description:** Soft leather and suede snug fitting glove for added support under bag gloves/ sparring gloves or use on speedball. Available in small, medium and large.

Colour: black leather and suede



# SHADOW BOXING / AEROBIC GLOVE

**Description:** Neoprene comfort fit glove with 10oz integral weight to back of hand with velcro fastening. Ideal for added resistance for shadow boxing, roadwork, aerobics etc.

Sizes: one size fits all.

Colour: black/ red.



# **QIC GEL WRAPS**

**Description:** Layered foam joins with gel technology to create a comprehensive shock-absorbing protection. Open palm style ventilates and improves grip. With finger/thumb loop fitting and wrap around velcro fastening.

Sizes: one size fits all.

Colour: black/gold





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### **GYMSPAR GLOVE**

**Description**: Quality cowhide leather gym standard sparring glove with elastic wrist support for fit and comfort. This sparring glove comes in black with a red inner thumb design.

**Sizes**: 12oz, 14oz, 16oz.

Colours: black



### SAFE SPARR GLOVE

**Description:** Cowhide Leather glove with triplicate bonded foam water repelant lining and QIC lock velcro fastening cuff for comfort and ease of use.

**Sizes:** 10oz,12oz,14oz,16oz

Colour: red/blue



### **CONTEST STYLE SPAR GLOVES**

**Description:** Cowhide leather covered glove with triplicate eva and bonded foam inner for increased padding and comfort. Wrap around velcro fastener and water repellent lining complete this all round contest style sparring weight glove.

**Sizes:** 12oz, 14oz, 16oz, 18oz

Colour: red/blue, blue/red



# **GEL SPAR GLOVES**

**Description:** Advanced Gel padding between closed cell foam gives protection and 'natural feel' to fist, inside premium leather glove with sealed water repellent lining for comfort fit and wrap around reinforced fastening to make the ultimate sparring/gym glove.

**Sizes:** 10oz,12oz,14oz,16oz, 18oz

Colour: red/white/black, blue/white/black



# **MMA SPARRING GLOVE**

**Description:** Leather thick bonded foam padded training glove with open palm and finger thumb leather loop fit. Wrap around velcro fastening leather wrist strap for support and comfort fit.

Sizes: small/medium, large/x-large

Colour: black/gold







### **ELASTICATED TRAINING HAND WRAPS**

**Description**: Leather thick bonded foam padded training glove with open palm and finger thumb leather loop fit. Wrap around velcro fastening leather wrist strap for support and comfort fit.

Sizes: small / medium, large/x-large

Colours: black/gold, red, blue, pink, black



### **INNER GLOVES**

**Description:** Designed as an alternative to hand wraps, a fingerless elasticated padding glove for protection and comfort. A very hygienic way to reduce boxing glove odour and wetness especially useful when sharing with other boxers.

Sizes: one size fits all.

Colour: red, blue



# AIBA ADIDAS CONTEST HAND WRAPS

**Description:** 2.5 & 4 meters elasticated cotton handwrap with thumb loop and easy velcro fastening. AIBA contestant specification length and width.

**Sizes:** 2.5 & 4 metre

Colour: black



# AIBA WESING CONTEST HAND WRAPS

**Description:** 2.5 & 3.5 meters elasticated cotton handwrap with thumb loop and easy velcro fastening. AIBA contestant specification length and width.

Sizes: 2.5 & 3.5 metre Colour: red, blue, white







### **SECURE SPAR GLOVE**

**Description**: Black/gold leather robust spariring /gym glove with double locking vecro wrist closure that gives secure tight fight that feels rigid and secure. Rubber and eva foam give comfort and protection with water repellent lining.

**Sizes:** 100z,12oz,14oz,16oz

Colours: black/gold.



# PALM PADDED GLOVES

**Description:** Leather Tech Gloves with padded palm for partner work and technical development. Analine leather with velcro wrap around fastening. Big success with schools, colleges and boxing clubs.

**Sizes:** 8oz, 10oz, 12oz, 14oz, 16 oz

Colour: red/black



# **AUTOGRAPH GLOVES**

**Description:** White leather novelty gloves with lace up design for hanging. Signed gloves ideal for souvenir or fund raising.

**Sizes:** 12oz **Colour:** white



# **AIBA GLOVES ADIDAS**

**Description:** The adidas AIBA Approved Contest Gloves are padded with high absorbant I-ProTech pre-formed injected foam mould, housed in a durable cowhide leather shell. These boxing gloves offer a comfortable and secure fit with a wraparound touch and close wrist fastening and a taffeta waterproof lining.

Sizes: 10oz, 12oz Colour: blue, red

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### **WESING AIBA GLOVES**

**Description**: AIBA Approved Contest Gloves made of unique micro fibre leather resistant to cracking and splitting. Pre-formed injected foam mould with waterproof lining and secure wrap around velcro fastening.

Sizes: 10oz, 12oz Colours: blue, red



### **ERGO FIGHT GLOVE**

**Description:** Top grained thick leather glove with eva & rubber foam padding and lace up fastening. Ergo Boxing logo to back of hand and wrist area adds to the stylish finish. The top of the range glove. Also available in sparring weights.

**Sizes:** 8oz, 10oz, 12oz, 14oz, 16oz

Colour: black/white



# **ERGO CONTEST GLOVES**

**Description:** Analine leather with triplicate foam inner for support, comfort and force transference. Complete fighting glove with water repellent nylon lining and unique 'quick pull' lace up design.

**Sizes:** 8oz, 10oz

Colour: red/blue and blue/red



# **ERGO CHAMPIONSHIP GLOVE**

**Description:** Multi coloured cowhide leather mexican design fight glove with eva foam padding and lace up fastening. Can be used to prepare for competition in sparring weight or use approved professional fighting weights as is the case in UK & Ireland.

**Sizes:** 8oz, 10oz, 12oz, 14oz, 16oz, 18oz

Colour: red/white/blue, blue/white/red, green/white/orange



# JUNIOR GYM GLOVE

**Description:** Black leather training glove for pad and punchbag work with rubber foam padding for extra protection and durability. Leather wrap around Velcro wrist closure for comfort fit.

Sizes: 6oz, 8oz, 10 oz Colour: black/ white.







### **FACE- BAR HEADGUARD**

**Description**: Cowhide leather sparring headguard with leather covered nylon face bar for added protection Eva and Dunlop foam with multiple velcro and lace for comfort fit.

Sizes: small/medium, large/ x-large

Colours: red



### **PRO SPARGUARD**

**Description:** White calf leather cheek protector design with responsive foam padding all round. Multiple Velcro to back and chin and lace adjustable fastenings to top for comfort and secure fit.

**Sizes:** small, medium, large, x-large

**Colour:** white leather



# AIBA HEADGUARD WESING

**Description**: Micro fibre leather design with suede non slip lining, velcro multi adjustment to chin and top of head for individual fit.

Sizes: small, medium, large

Colours: red, blue



# AIBA HEADGUARD ADIDAS

**Description:** Soft leather with suede lining and double rear velcro fastening for secure fit.

Sizes: small, medium, large

Colour: red, blue







### FEMALE HEADGUARD

**Description:** Pink cowhide leather with light weight Eva foam padding and multiple hook and loop fastening training headguard

Sizes: small/medium, large/x-large

Colour: pink



### **ELITE HEADGUARD**

**Description**: 1.0 mm Cowhide leather casing with smooth suede lining and dual density foam padding. Hinged ear design and multiple velcro fastening to back of head with padded top of head and chin straps.

Sizes: small/medium, large/x-large

Colours: black/red, black/blue



# TRAINING HEADGUARD

**Description:** Our former AIBA approved headguard made of triple foam inner and full cowhide leather with multiple velcro fasting to rear of headguard and chin strap, Robust long lasting training headguard we introduced in 2000 still one of our most popular products.

Sizes: small, medium, large, x-large

Colours: red, blue



# YOUTH LOW BLOW

**Description**: PU adjustable 'v' cup encasing hard 'box' with elastic and velcro adjustable staps. Comfortable and hygienic essential kit for youths and young boys.

Sizes: adjustable

Colours: black









### **COMPETITOR LOW BLOW**

**Description**: PU covered foam encased protective hard cup with water repellent lining. Elastic and lace rear fastening for comfort fit.

Sizes: small, medium, large

Colours: black/gold



### **CONTEST LOW BLOW PROTECTOR**

**Description:** New high tec adjustable low blow with 3D mesh and foam padding to contact surfaces with integral box cup. Eva padded foam contact areas to front for extra protection.

Sizes: small, medium, large

Colour: black/gold



### PERFORMER LOW BLOW

**Description**: Hand made premium leather protective cup with latex padding, elastic support strap and lace adjustable fastening.

Sizes: small, medium, large

Colours: black/white, black/blue, black/red



# **FEMALE LOW BLOW PROTECTOR**

**Description:** PU foam encased 'v' low blow protection for lower abdomen and groin area.

Sizes: small, medium, large

Colour: black/gold







# FEMALE LOW BLOW PROTECTOR LEATHER

**Description:** Leather casing over rubber foam 'v' low blow protection for lower abdomen and groin area elastic adjustable straps for comfort fit.

Sizes: small, medium, large

Colour: black/gold



### **FEMALE SPORTS BRA**

**Description**: Female sports bra with Eva foam inserts. Lycra sports bra which can be used as a support bra or in contact sports with moulded foam protective inserts.

Sizes: small, medium, large

Colours: black, white



# **ELASTIC ANKLETS**

**Description:** Elasticated cotton supportive anklet for Thai

Boxing, Muay Thai, K1 etc

Sizes: small, medium, large, x-large

Colour: red, blue, black



# **ELASTIC SHIN PROTECTOR**

**Description**: Elasticated cotton support and protection with integral foam shin pad.

Sizes: small, medium, large, x-large

Colours: black/red







# **ELASTIC SHIN AND FOOT PROTECTOR**

**Description**: Elasticated cotton shin and foot protectors with foam inserts to front of shin and foot.

Sizes: small, medium, large, x-large

Colours: black/red



# LEATHER SHIN AND FOOT PROTECTOR

**Description:** Cowhide leather shin and foot length kicking pads. Integral eva foam for added protection with elastic and velcro fastening for comfort and support.

Sizes: Junior, Senior

Colour: black











# **PU FOCUS PADS**

**Description**: Economy black vinyl focus pad elasticated to glove to rear of hand to support and grip.

Colours: black.



### **CURVED PU PADS**

**Description:** Economy red/black/gold pu curved focus pad elasticated to glove to rear of hand and finger cover to support and grip. Duplicate foam padding for comfort.

Colour: black/red/gold



# **WESING FOCUS PADS**

**Description:** Micro Fibre leather curved durable focus pad with finger covered glove to back of hand and dual density foam padding. Built to last like all Wesing products

Colour: red/black



# PALM PADS

**Description:** Red/white cowhide leather contoured palm pad with eva foam inner for fast accurate practice. Quick fit one size glove to rear of hand.

Colour: red/ white







### **CUBAN PADS**

**Description**: Square shaped real leather contoured pads with gold target area and glove hand to rear of pad with water repellent lining. Dual eva and rubber foam for robust striking area and impact reduction.

Colours: black/gold



### **DISC PADS**

**Description:** Circular 1.0 mm cowhide leather covering eva and rubber foam micro pads for fast hand movement and small target area. Ideal for warm up and elite level hitters.

Colour: black/gold



# **ELITE PADS**

**Description:** Stylish and functional square leather and suede contour pads with vented suede glove to rear of hand and Velcro fastener for secure fit. Curved aesthetic strike area with stylish branding.

Colour: black/gold



# **UBER PADS**

**Description:** Unique top specification red/black/ silver cowhide leather curved focus strike pads with inset strike area to face of pad. Double velcro fastening to either side of finger enclosed glove to rear of hand ensure pads are secure and snug even after use and stretching, Bi density foam reduces impact and dissipates force aided by padded wrist wedge.

Colour: red/black/silver







### PRO CURVED PADS

**Description**: Large leather curved hand pads with leather gold rear hand glove and Velcro faster for support and comfort.

Colours: black/gold.



### **RUSSIAN HOOK AND JAB**

**Description:** Traditional style flat premium leather pads covering eva foam. Vented tan leather glove to back of hand for grip/ support and 'sweet spot to front target area.

Colour: black/brown



# **ROYAL PADS**

**Description:** Top grain cowhide leather curved focus pads with attention detail and function - quilted rear hand cover with multiple adjustable fasteners for various hand sizes, curved edges and heel of hand padded support to reduce impact.

Colour: brown



# JUMBO PADS

**Description:** Extra large, extra thick light weight leather pads for the bigger hitter. Integral glove and velcro fastening for support and comfort to back of hand with long forearm to protect against those 'stray' shots.

Colour: black/red









### **COACH SPAR TECH PADS**

**Description**: Cowhide leather coach's training glove with padded target area palm for developing punches and defence, reactions to counter attack. Velcro fastening to wrist for support and comfort fit.

Colours: red/ black



# THAI CURVED PADS

**Description:** Handmade unique design curved cowhide leather Thai pad with leather grip bar and forearm leather/ velcro adjustable support fasteners. Essential heavy duty foam inners to absorb punch, kick, knee and forearm strikes.

Colour: black/ red, black/gold



# **SMALL STRIKE SHIELD**

**Description:** Small flat heavy duty PU strike shield with shock absorbing recon foam inner. 2" webbing straps and grip bar to rear of shield for stability and support.

Colour: black/ white



# LARGE STRIKE SHIELD

**Description:** Large flat heavy duty PU strike shield with shock absorbing foam inner. 2" webbing straps and grip bar to rear of shield for stability and support.

Colour: black/white









### MEDIUM CURVED STRIKE SHIELD

**Description**: Curved heavy-duty PU strike shield with heavy-duty foam inner. Webbing straps and grip bar to rear.

Colours: black/white



# **UPPERCUT STRIKE SHIELD**

**Description:** Heavy duty PU 'uppercut' strike shield with grip bar and webbing strike shield to rear of the shield. Force absorbing foam ideal for developing hooks, uppercuts, knees and kicks.

Colour: black/white



# **COACH PRO BODY PROTECTOR**

**Description:** Leather contoured top of the range body protector with contrasting target areas and heavy duty foam inner. Complete with multiple adjustable 2" webbing strap fasteners for a snug fit allowing maximum mobility.

Colour: red/black



# PU BODY PROTECTOR

**Description:** Heavy duty PU covering thick shaped recon foam for developing body shots and protecting users torso. Complete with 2" adjustable webbing straps for comfort and support.

Colour: black/white







### **GEL PADS**

**Description:** Ergonomically designed cowhide leather punch pads with high tec gel inner encased in eva foam with wedge cushion for wrist support. Padded back hand for corrective technique makes for a top of the range coaching tool.

Colour: black/gold/red



# **COACHS BODY BLASTER PROTECTOR**

**Description:** Cowhide leather wrap around chest/body protector with 5" high density rubber foam padding. Additional eva foam padded target areas to both sides of pad. Multiple 2" webbing and spring clip fastenings to rear of body pad make this a ideal coach's tool for developing body punches, lateral movement, defences and combination punching.

Colour: red/black/white



# **BELLY PROTECTOR/BODY BELT**

**Description:** Black/Gold pre curved leather belly protector with dual composite foam padding large strike wrap around strike area and leather velcro adjustable fastening belt. Can be used as coaching tool on pads or training aid in sparring

Colour: black/gold



# **BREIFCASE STRIKE SHIELD**

**Description**: Premium leather handmade suitcase style strike shield with dense light weight dual foam padding and 2 x leather handles for secure grip and support. Facilitates training of punchs, kicks, elbows.

Colours: red/black







# BIN LID STRIKE SHIELD

Description: Circular leather strike shield. Dual density foam encased in thick black/gold leather with 2 side leather holding handles. This durable kit is used to develop power punches, sustained attacks, change of angle etc

Colour: black/tan



# **HEAD SIZED STRIKE SHIELD**

**Description:** Unique 'head' sized circular leather strike shield as used by the elites. Dual density foam encased in thick black/gold leather with 2 side leather holding handles this durable kit is used to develop power punches, sustained attacks, change of angle etc

Colour: black/gold



# **PADDLE PADS**

**Description:** Leather covered litlone foam speed paddles with wrist strap for securing. Used for speed, accuracy, change of angle, distance trainer, defence corrector. Versatile addition to coach's kit.

Colour: black/gold blue/gold







# PU PUNCHBAGS

#### **Description:**

Double sided heavy duty PU punchbag filled with textile cuttings, hung from double stitched webbing straps and welded steel 'D' rings.

#### Sizes:

2ft 6", 3ft, 4ft, 6ft

#### **Colours:**

black/ white



# 4' LEATHER PUNCHBAG

### **Description:**

Premium cowhide leather textile filled punchbag complete with welded steel 'D' ring and chrome steel chainset.

### Sizes:

4ft

### Colours:

red/white



# ANGLED PU PUNCHBAGS

#### **Description:**

Heavy duty double sided PU punchbag with consistent textiles fill. Complete with 6 x 2" x 12" webbing straps with welded 'D' rings for hanging.

Sizes: 3ft, 4ft

### **Colours:**

black/ blue



# ANGLED PUNCHBAG LEATHER & CHAINSET

### **Description:**

Cowhide leather punchbag with consistent textiles fill ideal for developing full range of punches. Complete with welded 'D' rings and chrome steel chainset for hanging.

Sizes: 3ft, 4ft

### **Colours:**

red/black/ brown







### **Description:**

Black and tan cowhide leather, heavy duty punchbag with contoured shape for developing hook and uppercuts. Complete with 4 strand chrome chainset.



2 ft 6" length

#### **Colours:**

black/tan



# JUMBO PU PEANUT PUNCHBAG

### **Description:**

Black and blue heavy duty PU punchbag with contoured shape for developing variety of punches. Complete with 6 straps and chrome welded D rings for hanging.

Sizes: 4ft

**Colours:** 

blue/black



# QUILTED LEATHER PUNCHBAG

#### **Description:**

Premium cowhide leather with unique quilted padded foam panelling and heavy textile fill. The weight of a heavy bag with the added protection afforded by foam padding. Hung with 6 chrome steel welded 'D' rings and 6 strand chrome chainset.

### Sizes:

4ft & 5ft (5ft & 6ft with chain)

#### **Colours:**

tan/white, black/gold



# 3 IN 1 LEATHER PUNCHBAG

#### **Description:**

Black cowhide leather combination punchbag with webbing straps, heavy duty welded D ring hangers and rubber base attachment for developing full repertoire of punches through mimicking of maize bag, uppercut bag and floor to ceiling motion.

Sizes: 3ft

### **Colours:**

black/tan/white







### **MAIZE BAG**

### **Description:**

Cowhide leather split red/black panels with maize/textile fill for heavy resistance feel. Complete with 'D' rings and chrome steel chainset.

### Sizes:

2ft length

# Colours: red/black.



### **MAIZE BALL**

### **Description:**

Pear shaped red/blue leather maize and textile filled bag for developing head movement and short to mid range punching. Complete with chrome steel 4 strand chainset.

#### Sizes:

18" length

#### **Colours:**

red/ blue



# 6ft FREE STANDING PUNCHBAG

### **Description:**

PU covered recon foam with heavy duty rubber & steel core attached to pu moulded base to be filled with either water or sand for stability. Numbered target areas are ideal for developing kicks and punch combination allowing 360 degree mobility around apparatus.

Sizes: 6ft

#### **Colours:**

black/ white/red



# 4ft FREE STANDING PUNCHBAG

#### **Description:**

Free standing heavy duty punchbag with recon foam padding with heavy duty rubber & steel core attached to pu moulded base to be filled with either water or sand for stability. Ideal for locations without facilities for hanging punchbags and allows for punch, mobility and reaction development.

Sizes: 4ft

Colours: black/ white/red







# BOB TORSO FREE STANDING PUNCHBAG

### **Description:**

Beige flesh coloured rubber upper body torso with sand/water filled heavy duty plastic base. Develop accurate striking and targeting techniques with this realistic target practice kit.

#### Sizes:

5 ft 5" to 5 ft 9 adjustable height

#### **Colours:**

Beige/black

# STANDARD PUNCHBAG BRACKETS

### **Description:**

Box section powder coated steel 2 piece design suitable for up to 25kg punchbag load. Fixing screws not included.

Sizes: 2ft length

#### **Colours:**

black or silver



# FOLDING PUNCHBAG BRACKETS

#### **Description:**

Powder coated box section steel folding wall fixing punchbag hanging bracket. Suitable for punch bag up to 35 kg, approximate distance from wall 30". Fixing screws not included.

Sizes: 3ft length

Colours: black



# HEAVY DUTY PUNCHBAG BRACKETS

### **Description:**

Sturdy box section powder coated welded steel wall hanging brackets with pre- drilled wall plate holes. Fixing screws not included suitable for up to 40kg punchbag.

Sizes: 3ft length

Colours: black











# 6 HIT TRAINING STATION

#### **Description:**

Powder coated steel portable gym. Comes complete with 6 x punchbags, chainsets and hangers. As used in world championship and world title training camps.

Sizes: 6

#### **Colours:**

black box section steel

# **CHAINSETS**

### **Description:**

Chrome steel chainlinks with 'S' hook punchbag attachments and 360 degrees 'D' swivel.

#### Sizes:

4 stand, 6 strand

### **Colours:**

Silver





# HEAVY DUTY 6 STRAND CHAINSET

#### **Description:**

Commercial strength heavy weight chainset for punchbags over 30kg

**Sizes:** 14"

**Colours:** 

silver





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# JUMBO PUNCHBAG SWIVEL

### **Description:**

Chrome steel swivel with 360 degree rotating D Swivel and 2 x Spring caribineers.

Colours: silver



# PUNCHBAG SWIVEL

#### **Description:**

Steel spring hooks either side of 360° double 'D' rotating swivel to give fluent moving action of punchbag and prolonging the life of the punchbag straps.

Colours: black



# CEILING HOOKS

#### **Description:**

Powder coated steel hook and fixing plate with pre drilled fixing holes. Screws not supplied.

Colours: black



# JUMBO LEATHER PUNCHBAG

#### **Description:**

Premium jumbo cowhide leather punchbag with heavy textile fill. Split red/black panels with 5ft length (excluding chain) and 18" diameter weighing in at 50kg. A huge heavy quality punchbag to challenge the biggest of punchers. Hung with 4 chrome steel welded 'D' rings and 4 strand chrome chainset.

#### Sizes:

5ft (6ft with chain) height 18" diameter

#### **Colours:**

red/black/white



# JUMBO WALL PADS

### **Description:**

Top quality jumbo multi angled leather wall pad. All aspects of this wall pad are commercial quality – foam, leather, backboard, and wall mounting steel frame with shock absorbing pads, with predrilled holes

### Sizes:

3 ft x 2ft

#### **Colours:**

black/ brown leather





# **UPPERCUT WALL PADS**

### **Description:**

Cowhide leather uppercut wall pad with heavy duty foam padding and additional eva foam padded target areas. Complete with steel fixing frame with pre-drilled holes.



2ft x 20"

#### **Colours:**

red/white/black



# TORSO WALL **PADS**

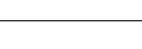
#### **Description:**

UK manufactured heavy gauge premium leather in unique torso design with recon foam and commercial strength fixing wall brackets.

Sizes: 2ft height

**Colours:** 

black/ brown leather





### **Description:**

Huge leather circular wrecking ball with heavy soft textile fill that facilitates full range of punchs and creates resistance to movement.



### **QUILTED OBLONG LEATHER PUNCHBAG**

#### **Description:**

We have taken our Ergo original quilted punchbag and combined with the oblong punchbag to create a unique challenging punchbag. Cowhide leather encases quilted eva foam padding. The shape and target areas adding to the need to vary punch's and movement whilst cushioning the punches.

#### Sizes:

3ft (4ft with chain set)

Colours: beige/black











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### **ELITE HAMMER PUNCHBAG**

#### **Description:**

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Unique T shaped cow hide leather punchbag that allows for realistic full range of straight and bent arm punch's. Foam lined and heavy textile fill give realistic 'feel' and unpredictable movement when hitting. New addition to elite training.

Sizes: 3 ft width x 2ft length 18" depth

Colours: black/gold

Requires 4 strand heavy duty chain set sold separately



# 6' ELITE KICK PUNCHBAG

### **Description:**

Rexian textile filled robust kick/punchbag designed to endure the hardest of workouts. Black/white design with welded D ring attachments.

Sizes: 6ft

### Colours:

black/white

Requires 4 strand heavy duty chain set sold separately



# ELITE 3 IN 1 LEATHER PUNCHBAG

### **Description:**

Black 2mm cowhide leather combination punchbag with webbing straps, heavy duty welded D ring hangers foam lined and textile filled with rubber base attachment for developing full repertoire of punches through mimicking of maize bag, uppercut bag and floor to ceiling motion.

Sizes: 3ft

Colours: black/gold



# ELITE UPPERCUT PUNCHBAG

#### **Description:**

Top grade cowhide black/ gold 2.0mm thick leather punchbag with foam lining and consistent textiles fill ideal for developing full range of punches. Complete with chrome steel welded D rings.

Sizes: 3ft

Colours: black/gold

Requires 4 strand heavy duty chain set sold separately

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# ELITE 4ft LEATHER PUNCHBAG

### **Description:**

Premium black cowhide leather punchbag with suede dressing and gold branding. textile filled punchbag complete with welded steel 'D' ring.

#### Sizes:

4ft (5ft with chainset)

Colours: black/gold

Requires 4 strand heavy duty chain set sold separately



### **ELITE MAIZE BAG**

### **Description:**

Cowhide leather with synthetic maize/textile fill for heavy resistance feel. Complete with 'D' rings and chrome steel chainset

Sizes: 2ft

Colours: black/gold





#### **Description:**

Pear shaped black/gold leather maize and textile filled bag for developing head movement and short to mid range punching. Complete with chrome steel 4 strand chainset.

#### Sizes:

15" length

#### **Colours:**

black/gold



# ELITE HEAD SIZED WRECKING BALL

#### **Description:**

Soft cow hide circular leather head sized wrecking ball with textile fill and chrome steel chainset. Aids development of upper body, head and foot movement, speed and accuracy.

### Sizes:

3ft (4ft with chain set)

Colours: black/gold









# PEANUT FLOOR TO CEILING BALL

#### **Description:**

Reduced ball design for developing speed and accuracy in calf leather split panels with rubber adjustable fixing straps and spring chrome attachments.

# Colours: black,brown



# DOUBLE FLOOR TO CEILING BALL

#### **Description:**

Red/blue cowhide leather dual latex bladder head/body floor to ceiling ball with chrome steel 'S' attachments to rubber bungy straps. Speed, reaction, technique, hand/eye co-ordination endurance – one of the best bits of kit in the gym.

# **Colours:** red/blue



# ELITE FLOOR TO CEILING BALL

### **Description:**

Authentic cowhide leather black & tan panelled circular ball with leather stitiched and riveted attaching straps. Complete with rubber bungy straps and chrome steel spring clip attachments.

# Colours: black/tan



# OVAL FLOOR TO CEILING BALL

#### **Description:**

Oval design calf leather spilt panels with rubber fixing straps and spring chrome attachments.

### **Colours:**

black/tan







# 'SOCCER' **FLOOR TO CEILING BALL**

#### **Description:**

Reduced ball size design floor to ceiling ball in cowhide leather in 'untraditional' soccer ball pattern. Usual speed reaction benefits with novelty/fun element. Comes complete with 2 x fixing rubber straps.

Colours: white/black



# **SPARE** STRAPS/ **RUBBERS** FOR F/C **BALLS**

### **Description:**

Thick robust replacement rubber straps with chrome steel 's' attachments for floor to ceiling balls.

Colours: black





### **Description:**

Rubber straps with adjustable plastic 'D' hook with turnscrew fastening for increasing/ decreasing height and resistance



black



# **ANCHOR FLOOR WEIGHT**

#### **Description:**

Reinforced circular PU floor weight filled with sand with anti leak fastener. Reinforced webbing around central hole for attaching hook or bell swivel to floor to ceiling ball. Protects floors and is easy to move around.

### Colours:

black







# **RECREATIONAL SPEEDBALL**

**Description**: Split black/ red leather with riveted leather and webbing attachments. Suitable for gym and home use.

Size: medium

Colours: red/black



### PERFORMER SPEEDBALL

**Description:** Full cowhide leather with black/ white panel colour scheme and internal latex bladder. Lace up and riveted webbing/ leather attachments.

Size: small, medium, large

Colour: white/black



# **PRO SPEEDBALL**

**Description:** Cowhide leather balanced speedball with latex bladder, riveted webbing and leather attachment. Top inflator with unique zip closure.

Size: medium

Colour: red & blue



# **ELITE SPEEDBALL**

**Description:** Full cowhide 6 panel tan leather speedball with internal latex bladder. Lace and riveted webbing/leather attachment completes this oval balanced lightweight speedball

Size: medium

Colour: brown tan







### RECREATIONAL SPEEDBALL FRAME

**Description:** MDF circular board with steel fixing brackets, speedball swivel and leather recreational speedball. Complete with fixing screws and wall bolts.

Size: medium

Colours: black/red



# PROFESSIONAL SPEEDBALL FRAME AND PRO SPEEDBALL

**Description:** Commercial strength quality design, threaded core with locking mechanism for fast height adjustment and stability. Solid wood rebound board, qic release swivel and Pro leather speedball complete this professional commercial standard model.

Colour: black/red/silver



# **QIC RELEASE SWIVEL**

**Description:** Chrome and steel speedball swivel with QIC release swivel pin and ball bearing balanced mechanism.

Colour: silver



# **BELL SWIVEL**

**Description:** Chrome steel casing with 360 degree rotating steel ball and 's' hook for ball mechanism

Colour: silver





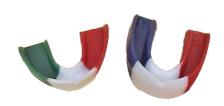


### **MULTI FIT GUMSHEILD**

**Description**: Clear boil and bite moulded gum shield. with carry case.

Sizes: junior and senior, individual or 12 box

Colours: clear



### TRI COLOURED GUMSHIELD

**Description:** Moulded bi or tricolour gumsheild boil and bite fitting with carry case.

Sizes: junior and senior, individual or 12 box

**Colour:** red/white/green, red/white/blue, blue/white/blue/green/white/orange



# **MAKURRA GUMSHIELD**

**Description:** Makurra ignis pro mouthguard has been designed to the highest level of protection and comfort CE compliant boil an bite mouthguard for custom fit with tough shokbloker outer and ultimate comfort Gelform liner, Airthru channel improves breathing, slipsafe pads prevent slipping.

Sizes: junior age 10 and under and senior age 11 and over

Colour: black/orange, white/blue, white/green



# SPEED SKIPPING ROPE

**Description:** Lightweight 9' PVC speed skipping rope with slimline moulded plastic handles.

Sizes: 9'

Colour: black, red







### LEATHER SPEED SKIPPER

**Description**: 6mm leather speed skipping rope with foam covered moulded plastic handles and smooth ball swivel bearing action.

Sizes: 6mm

Colours: tan



### **LEATHER COMPETITOR SKIPPER**

**Description:** 8mm smooth leather skipping rope with ergonomic wooden handles and side action rotating motion.

Sizes: 8mm

Colour: brown



# **ADJUSTABLE WIRE SPEED SKIPPER**

**Description:** Plastic encased steel wire skipping ropes with adjustable length on handle attachments and moulded plastic handles.

Sizes: 9' adjustable

Colour: grey/black



# ALUMINIUM PLASTIC COATED WIRE SKIPPER

**Description:** Weighted aluminium handle with plastic encased wire rope with ball bearing action durable robust conditioning kit.

Sizes: 9'







# STALKY SKIPPING ROPE

**Description**: Flexi PVC rope with ergonomic plastic with moulded grip balanced handles with ball bearing swivel action.

Sizes: 9'

Colours: black/silver



### **PRO WIRE SKIPPER**

**Description:** Ergo lightweight handles with ball bearing smooth rotation action. Rope consists of steel wire rope encased in plastic sheath.

Sizes: 9'

Colour: silver



# **WEIGHTED SKIPPING ROPE**

**Description:** Slim line knarled grip handles with screw cap spring bottom to add or remove stainless steel 10oz weights to increase resistance or make into a speed skipping rope. Rope is flexi pvc with adjustable attachments to handles.

Sizes: 9'

Colour: black/silver







### 4-24 KG KETTLEBELL SET

### **Description:**

Kettlebell set consists of 1 x 4, 1 x 6, 1 x 8, 1 x 10 1 x 12, 1 x 16, 1 x 20, 1 x 24 kg Kettlebells 8 in total. Smooth rubber bell with chrome steel handle perfectly balanced. Designed for resilience, durability and support of strength and functional training.



# **MEDICINE BALLS**

### **Description:**

Multi soft panelled cowhide leather medicine balls with tan/black colour scheme, traditional gym essential for strength training core development and maintenance.

Sizes: 3kg, 4kg, 5kg, 10kg



# **DOUBLE GRIP MEDICINE BALLS**

### **Description:**

Rubber double handled robust weighted ball used in circuit, strength conditioning, cross fit and rehabilitation exercise

Sizes: 3kg, 5kg, 7kg, 10kg



# **RUBBER MEDICINE BALL**

### **Description:**

Rubber manufactured weighted medicine balls used for a wide variety of drills and exercises. Flexible, functional and robust addition to fitness and performance based training.

**Sizes:** 3kg, 4kg, 5kg, 6kg, 7kg, 8kg, 9kg, 10kg







## MEDICINE BALL STAND

## **Description:**

Powder coated commercial steel free standing medicine ball holder. 10 or 5 different size medicine balls options are available.



# **SLAM BALLS**

## **Description:**

Commercial rubber anti slip slam balls for a variety of core and strength exercises in circuit training, cross fit, general strength development. The range of sizes introduces user to the benefits of slam ball training and allow for progressive overload.

**Sizes:** 5kg, 7kg, 9kg, 12kg, 15kg



## MEDICINE BALL SLING

#### **Description:**

Webbing and Velcro fastening sling attachment allows for versatility training with medicine balls. Adjustable strap fastens around any 3-6 kg medicine ball with padded grip handle attachment for chopping and swinging drills.



# **POWER BANDS**

#### **Description:**

Seamless latex rubber power resistance bands which are used for training strength, power, speed, endurance, mobility, in rehabilitation. Can be used on their own or with free weights and Olympic, Ezee bars. Varying width of colour coded bands determines resistance - greater the width, the greater the resistance.

Sizes: red 13mm, purple 28 mm, green 44mm, blue 65mm, orange 83mm, black 101mm







## **BOSU TRAINER**

## **Description:**

The balance dome can be used for a variety of applications. The unstable surface challenges traditional exercises making them more dynamic and training stability. Can be used either way up and has TPR anti slip flat base. Includes eyelets for attaching resistance tube to progress exercises. Max user weight 140kg complete with inflatable hand pump.

Sizes: 59cm base diameter



# **GYM BALL**

## **Description:**

Burst resistant inflatable gym ball for training, flexibility and rehab exercises.

Sizes: 55cm red for heights between 5'2" – 5'6", 65 cm black for heights between 5'6" - 5'9", 75cm silver for heights between 5'9" -6' 4"



# **7FT OLYMPIC BAR**

## **Description:**

Standard 7ft x 20kg chrome Olymic bar 700lb rated. Grip diameter 32mm, internal dimension52 "



# **OLYMPIC CLAMP COLLARS**

## **Description:**

2 x durable clamp locking mechanism Olympic bar collars.









# **OLYMPIC SPRING COLLARS**

## **Description:**

2 x steel with rubber grips Olympic bar spring collars



## **CHIN UP BAR**

## **Description:**

Powder coated commercial strength multi positioned chin up bar



# 1 – 10 KG DUMBBELL SET INCLUDING RACK

### **Description:**

Commercial steel a frame with 20 chrome steel dumbbells. 1 – 10 kg in increments of 1 kg.



# CHIN/ DIP/ LEG RAISE FRAME

## **Description:**

Commercial strength powder coated steel frame with high quality density foam padding covered in heavy duty pu. Chin up and dip hand bars covered in non steel slip foam grips for multi station strength/ endurance development.







## **ERGO POWER BAGS**

## **Description:**

Weighted durable PU training bags with flexible thick webbing straps used to develope strength, power and endurance.

Sizes: 10kg black, 15kg red, 20kg red, 25kg blue



## **TORNADO AIR RESISTANCE BIKE**

## Description:

Top specification steel constructed dual action commercial bike with durable belt driven fan assistance wheel that creates greater resistance the faster you peddle. Front pegs allow for leg rest for upper body emphasis, large padded adjustable seat, transport wheels. Easy to read LCD monitor screen (time, speed, distance, calories, intervals)

**Sizes:** 1260mm L x 670mm W x1310mm H, 73.5kg WEIGHT



# STEEL PLYOBOXS

### **Description:**

Set of 4 steel box's with plywood base and rubber non slip surface

**Sizes:** 6",12", 18", 24" 30"



# **SET OF SOFT PLYOBOXS**

## **Description:**

4 varying height double sided pu soft plyoboxs with high density foam inners are the perfect addition to any gym or performance/ rehab based establishment reducing impact and allowing for progressive advancement. Light and easy to move, they can be stacked on top of each other for storage with velcro fasteners.

**Sizes:** 6" 12", 18", 24"







# **WOODEN 3IN1 PLYOBOX**

## **Description:**

Functional versatile solid wooden jumping platform with 3 different heights for all skill levels. Conveniently placed handle to adjust/move. Great space saver.

**Sizes:** 24" x 20" x 30"



## **NECK HARNESS**

## **Description:**

Reinforced webbing head harness with integral 'd' rings and chain attachment for weight discs (not included) aids development of neck and shoulders muscle to enhance ability to roll and absorb punches through localised strength development.

Colour: black, silver.



## WEIGHTED RESISTANCE VEST

## **Description:**

Padded heavy duty nylon waist jacket with double webbing clip lock fasteners and 16 nylon weighted compartments for resistance training. Can hold a maximum of 32lb weights, comes with 8lbs of weights (4 weight packs)

**Colour:** black jacket, dark blue weights



# **PROWLER SLED**

## **Description:**

Solid black steel flat tray with steel curved sled sides. Steel circular upright is bolted to centre of plate to store weight plate. Comes complete with padded webbing harness pulling strap and spring clip attachment.







# LANDMINE CORE TRAINER

## **Description:**

Heavy duty steel landmine base with battle rope ring attachment. 360 degree landmine attachment can be used with standard or olympic bars for strength core development and endurance exercises.



## **CORE TRAINER HANDLE**

## **Description:**

Steel V shaped handle that fits over Olympic bar with non slip rubber handles for rotational and swinging drills.



# **BATTLE ROPE ANCHOR**

## **Description:**

Soild steel battle rope anchor plate with welded D Ring and pre drilled fixing holes.



# 15M BATTLE ROPE

### **Description:**

Our PU vinyl covered 15m x 38mm sisal battle rope with non slip rubber handle hosing is as strong as it is versatile. Comes complete with ergo carry bag.







# **MATT HANGER**

## **Description:**

The wall mounted storage hanger effectively allows you to hook or rack mats conventiently when not in use.



## INDIVIDUAL EXERCISE MATS

## **Description:**

Comfortable and practical. Heavy-duty nylon covered foam mats for individual use in circuits, stretching, and abdominal workouts.



## **GYM MAT**

## **Description:**

Commercial quality exercise mat with doubled sided pu covering with Velcro edging for joining up mats for larger surface area coverage. Contains 2" high density recon foam.

Size: 4' x 2'
Colour: black



# **STUDIO MATT**

## **Description:**

Premium studio matt in either red or blue 15mm thick x 120cm long x 60cm width anti slip eva foam. Durable low maintenance fitness and aerobics matt. For practical and hygienic storage we supply matt hangers.

Size: 4' x 2'
Colour: black







# REACTION AND DISTANCE TRAINER

## **Description:**

2 webbing belts with multi Velcro attachments. Helps develop spatial distance judgment and timing for novice and experts in multiple sports.



## SIDE STEPPER

## **Description:**

Webbing anklets with Velcro and steel 'D' ring fasteners with adjustable length commercial strength rubber latex hosing attached to each anklet. Aid for resistance training for developing leg strength, lateral speed and agility movement



## **AGILITY LADDER**

## **Description:**

Webbing and plastic foot drill floor ladder. Can lie loose on hard surfaces or fasten into ground outdoors to aid speed, agility and quickness.

Sizes: 4 m and 8 m



# **ANKLE /WRIST WEIGHTS**

## **Description:**

Durable Nylon shot filled ankle/wrist weights with loop and velcro fastening for stability, Toughened PU thumb attachment for wrist wear that folds away for leg wear.

Colour: black







# **HURDLES**

## **Description:**

Yellow moulded plastic plyometric hurdle for aiding the development of strength, speed, agility and endurance.

Size: 6" and 12"

Colour: yellow



## **ADJUSTABLE HURDLE**

## **Description:**

Unique new flourescent orange sturdy adjustable plyometric hurdle. 3 adjustable points vary height from 6" to 12" with a width option.

Size: 6" through to 12"

Colour: orange



# **REACTION BALL**

## **Description:**

Multi oval surface rubber ball which creates unpredictable movement/ bounce an aid in development in speed, hand/ eye co-ordination.

Size: 4cm

Colour: blue, green, red, yellow



# MARKER CONES

## **Description:**

50 x Multi Colour pu disc marker cones complete with storage holder







# SUSPENSION TRAINER

## **Description:**

Portable light weight training system that allows body weight resistance exercises almost anywhere there is a safe anchor point. Strength, endurance flexibility can all be trained with this unique kit that securely adjusts to uses requirements.



## **KO8 TRAINER**

#### **Description:**

The evolution in suspension training the KO8 training system allows for individual progressive overload training. The full suspension webbing system with 6-72 KG of inter changeable quick clip rubber resistance tubes allows the progression from body weight resistance exercises to overload resistance with integral clip on resistance tubes. Fully supported web site with daily training routines and product support.



## PERFORMANCE VEST

#### **Description:**

Durable Water proof comfortable padded functional training vest with multiple front and back attachment points for indoor and outdoor training. Can be used with pulley systems, rubber resistance tubing, sleds and weights for whole host of strength, power resistance and rehabilitation exercises.

**Size:** adjustable belts fit up to male xxl



# **OLYMPIC BUMPER PLATES**

## **Description:**

Black rubber bumper plates are considered the gold standard in bumper plate design with steel inner core plate. Should always be used on quality lifting platforms with Olympic bars to ensure life span.

Size: 5kg, 10 kg, 15kg, 20kg 25kg

Colour: black/silver





# ERGO CLUB KIT (SHORTS AND VESTS)

#### **Description:**

Stylish design boxing shorts and vest. Polyester eyelet moisture wicking material, 4" drawstring waistband, V trim to shorts and smooth binding to neck and collar to vests for comfort: red/white, blue/white, black/white, black/gold bespoke design colour and logos upon request.

#### Sizes:

xx-small, x-small, small, medium, large, x-large





# **ERGO CLUB SHORTS**

### **Description:**

Breathable eyelet or satin effect polyester performance material shorts available in red/white, blue/white, black/white or alternative bespoke colours

#### Sizes:

xx-small, x-small, small, medium, large, x-large

### **Colours:**

red/white, blue/white, black/white and bespoke



## **ERGO CLUB VEST**

### **Description:**

Breathable polyester performance fabric with stylish trim design available in bespoke designs also in any colour with same or alternative arm and neck trim.

#### Sizes:

x-small, small, medium, large, x-large

#### **Colours:**

red/white, blue/white, black/white and bespoke





# ERGO PERFORMANCE T SHIRT

#### **Description:**

Stylish functional polyester performance T shirt draws heat and moisture away from the body cooling body and prolonging activity. Ergo logo to front.

#### Sizes:

x-small, small, medium, large, x-large, xx-large, xxx-large

#### **Colours:**

black/red, black/blue, black/green, black/gold





# THAI BOXING SHORTS

#### **Description:**

Satin boxing shorts in traditional Thai design with embroidered Ergo Logo

#### **Sizes**

small, medium, large, x-large

#### **Colours:**

blue/white, red/black, black//red



# ERGO SLEEVELESS HOODED TOP

#### **Description:**

Heavy duty brushed cotton sleeveless hooded top with ergo logo embroidered to the front chest and ergo gloves embroidered to hood

#### Sizes:

x-small, small, medium, large, x-large

#### Colours:

grey/white/ black/ red, black/grey, grey/black





# **ERGO HOODED TOP**

#### **Description:**

Heavy duty brushed cotton traditional style hooded 'sweat' top with Ergo logo embroidered to front and Ergo gloves embroidered to to back of neck.

#### Sizes:

x-small, small, medium, large, x-large

#### **Colours:**

black/grey, grey/black, black/blue black/red





lacktriangle



# **MMA SHORTS**

#### **Description:**

High Tech breathable fabric with reinforced stitching, velcro & lace waist fastening and comfort fit support panels. High cut leg allows for full range of grappling and kicking motion. Ideal for training and fighting. Tested in gyms not on animals

#### Sizes:

M/L, L/XL



# ERGO BROCADE HAT

#### **Description:**

Black /white woollen beanie hat with Ergo brocade logo.

#### Sizes:

one size fits all



# **MMA RASH GUARD**

## **Description:**

Black/gold ergo short sleeve MMA training top with compression fit that allows full range of movement and support. Moisture wicking fabric gives dry comfortable fit in the harshest training environments

#### Sizes:

M/L & L/XL

#### **Colours:**

black/gold







# **ERGO SAUNA SUIT**

#### **Description:**

Lightweight black/gold vinyl sauna suit with elasticated wrist, neck waistband and leg

#### Sizes:

small, medium, large, x-large



# **ERGO HEAVY DUTY SAUNA SUIT**

#### **Description:**

Heavy duty black vinyl sauna suit with hood and Ergo logo to chest and legs. Elasticated wrist, waistband and leg bottoms

#### **Sizes**

small, medium, large, x-large



# **ERGO JUMBO HOLDALL**

#### **Description:**

Large heavy duty waterproof nylon kit bag with wheels and large robust webbing carry straps. Multi compartments and mesh double top fastener allows kit to 'air' whilst being closed

#### Sizes:

Jumbo

#### **Colours:**

black/white



# **ERGO GYM HOLDALL**

#### **Description:**

Unique triple bag made from heavy duty textured vinyl with Ergo logo. Multi compartments with separate side shoe compartment, regular webbing hand carry and shoulder handles and also hidden compartments to base to transfer into backpack design

#### Sizes:

Large, medium

#### **Colours:**

black/gold, black/green









# **MINI GLOVES**

**Description:** Pu mini replica hanging gloves. Available in England, Ireland, Scotland, Wales and Union jack colours.



## KIDS PLAY SET

**Description:** Red pu kids play set with focus pads, gloves and mini punchbag in carry case.

Colour: red/black



# **JUNIOR PUNCHBAG SET**

**Description:** Filled 18" canvas punchbag with webbing hanging straps and pu boxing gloves. Ideal children's starting set.

**Sizes:** 18"

Colour: black/red









# **ICE BAG**

**Description**: Rubberised smooth cloth ice bag with screw top fastener. A coach's must have!

Colours: cream/blue



# **BRUISE IRON**

**Description:** Stainless steel smooth surface coach's tool for swelling reduction.



# ZINC OXIDE TAPE

**Description:** 50m x 25mm zinc oxide unbleached cloth sticky tape for support and protection for professional hands.



# **BANDAGE SCISSORS**

**Description:** 7" stainless steel bandage/tape scissors with safe edge-corner mans necessity.



# **ERGO CORNER BOTTLE**

**Description:** Large straw top corner drinks bottle in white/red with ergo logo.







## **ERGO WATER BOTTLE**

**Description**: Resilient plastic drinks bottle with screw top lid and 'pop' fluid regulator.

Colours: white/black, silver/black, clear/black



# FIRST AID KIT SMALL

**Description:** Small multi compartment kit bag for corner or hanging in gym. Contains plasters, swabs, bandages, bandage scissors, medi wipes, compress and spare gum.



# FIRST AID KIT BAG LARGE

**Description:** Regulation size first aid kit in multi compartment kit bag. Contains plasters, swabs, bandages, ice bag, bandage scissors, medi wipes, compress and spare gum shield. In carry kit bag gym or event use



# **STOPWATCH**

**Description:** Easy to use lightweight sturdy multiple time stopwatch with lanyard and battery included.



# **COACH'S WHISTLE**

**Description:** Stainless steel whistle with lanyard for timing and attention.







## **PUNCH COUNTER**

**Description**: Hand held stainless steel mechanical counter for simple and effective punch repetition measurement.



# ELECTRONIC DIGITAL WALL INTERVAL TIMER

**Description:** Multiple work and rest period timing device with audible bell cue and 6 digit high density LED display for round start, interval period and round finish, count up / count down with hand held remote control. Mains powered with plug in attachments supplied comes with instructions.



# **DIGITAL/INTERVAL TIMER**

**Description:** Multiple work and rest period timing device with audible bell cues and digital display for round start, interval period and round finish. Aid to conditioning boxers for the varied intensity of boxing. Mains powered with plug in attachments supplied.



# LARGE DIGITAL/INTERVAL TIMER

**Description:** Multiple work and rest period timing device with audible bell cues and large numerical number digital display for round start, interval period and round finish. Aid to conditioning boxers for the varied intensity of boxing and, or regular round timing. Mains powered with plug in attachments supplied.



# **GOLD/SILVER KEYRING**

**Description**: Gold or silver solid steel boxing glove on chain and keyring

Colours: gold, silver







# WESING AIBA APPROVED OLYMPIC SIZE COMPETITION BOXING RING

## **Description:**

Top specification solid steel tournament boxing ring with 25mm marine plywood, 18mm felt foam, 17oz canvas x 1, Rope dividers x 8, vinyl aprons x 4, foam and vinyl covered ropes, x 4 turnbuckles x 16, turnbuckle covers x 16, corner pads x 4, steel steps x 3, attached swing stools x 2, corner waste system.



## FLOOR BOXING RING

#### **Description:**

Unique quick assemble powder coated box section steel design. Complete with  $16 \times m12$  turnbuckles  $4 \times taped$  clamped ropes, ,  $4 \times taped$  corner pads,  $1 \times taped$  dividers. Choice of 20mm jigsaw matts or 15mm underlay, commercial strength canvas and shock cord Made in UK.

Sizes: 12ft, 14ft, 16ft



# **BOXING TRAINING RING**

#### **Description:**

UK manufactured box section powder coated steel frame with colour coded corner posts. Complete with 18mm plywood flooring, 15 mm foam underlay, commercial canvas, 4 x corner pads, 16 x m16 turnbuckles, 4 x ring rope spacers, 4 x 26mm taped and clamped ropes.

**Sizes:** 12ft, 14ft, 16ft, 18ft, 20ft



# **COMPETITION BOXING RING**

## **Description:**

UK manufactured 3' high box section powder coated steel frame with colour coded corner posts. Complete with 18mm plywood flooring 15mm foam underlay or Jigsaw matting, 17oz commercial canvas, apron 2 x stools, 3 x sets of steps, 4 x corner pads, 16 x m20 turnbuckles, 4 x ring ropes spacers, 4 x 30mm vinyl covered and clamped ropes.

**Sizes:** 18ft- 16ft inside ropes, 20ft – 18ft inside ropes, 24ft – 20ft inside ropes







## **COMPETITION RING ROPES X4**

## **Description:**

30 mm polypropylene rope and steel rope clamps.

**Size:** 18ft x 30mm, 20ft x 30mm, 24ft x 30mm



# **TRAINING RING ROPES X4**

## **Description:**

24mm polypropylene rope and steel rope clamps.

**Size:** 12ft x 24mm, 14ft x 24mm, 16ft x 24mm, 18ft x 24mm, 20ft x 24mm



# **CUSTOM DESIGNED BOXING RING CANVAS**

### **Description:**

Commercial canvas with club or sponsors logo printed as required.



# **BOXING RING CANVAS**

# **Description:**

Commercial strength 17oz proofed canvas with solid brass eyelets and reinforced webbed backing.

**Sizes:** 12ft, 14ft, 16ft, 18ft, 20ft, 24ft







## **BOXING RING UNDERLAY**

## **Description:**

15mm high density foam sheets.

**Size:** 12ft, 14ft, 16ft, 18ft, 20ft, 24ft and bespoke



## **BOXING RING APRON**

## **Description:**

Coated nylon sheeting with choice of brass eyelets and polypropylene rope fastening or velcro fastening to canvas. Various colours available.

Colours: red, black, blue

Size: 12ft, 14ft, 16ft, 18ft, 20ft, 24ft and bespoke



# **BOXING RING STRAINERS**

#### **Description:**

Steel stress tested boxing ring turnbuckles, hook and eye or hook to hook design

**Sizes:** M12, M16, M20



# **CORNER PADS**

## **Description:**

2 x white, 1 x red, 1 x blue, double sided pu corner pads with rubber foam inserts 2" webbing fastening straps with adjustable snap lock fastening.

Individual branding at extra cost

Sizes: 4ft







# **BOXING RING ROPE SPACERS**

## **Description:**

8 x white 4" x 4ft Velcro backed ring rope dividers.



# **BOXING RING ROPE TAPE**

## **Description:**

Vinyl 2" boxing ring tape available in red, white and blue



# **BOXING RING STEPS**

## **Description:**

Powder coated frame with wooden steps including non-slip surface.



# **BOXING RING STOOLS**

## **Description:**

2 x steel with plastic seat, red and blue corner stools.







# **BOXING RING** 'TOBLERONES'

## **Description:**

5ft Boxing ring perimeter vinyl triangular toblerone advertising/safety cushions in heavy duty pu vinyl covering 8lb reconfoam padding.

Colour: blue or white



# **BOXING RING ROPE COVERS**

## **Description:**

Vinyl full length rope covers with velcro fastening for competition ropes or can be attached to lagging for training ring ropes. Robust, safe and hygienic eliminates need to keep taping ring ropes. Set comprises 2 x white 1 x red, 1 x blue ring rope covers. Size; fits up to 24ft x 30mm boxing ring ropes

Colours: red, blue, white, green, orange, black



# **ELASTIC SHOCK/BUNGY CORD**

#### **Description:**

8 or 10 mm elastic cord used for fastening Boxing ring canvas, floor to ceiling balls etc



# **BOXING RING GONG & PLATFORM**

#### **Description:**

Solid wood base with large fixed circular bell and striking hammer for loud audible ring.







# PROFESSIONAL PORTABLE SCALES

## **Description:**

Portable professional commercial scales with weighing platform and separate digital display unit which displays in lbs or kgs. Batteries operated with additional optional mains adapter. Weighing range up to 150kg



# PORTABLE SCALES CARRY SATCHEL

## **Description:**

Robust nylon and padded carry case for scales with 2" adjustable webbing shoulder strap.



# **MECHANICAL SCALES**

## **Description:**

Medical standard scales with large dial display. Large anti-slip tread surface. Weighing range up to 150kg.



# TATAMI JIGSAW MATTING

#### Colour:

red/black, red/blue

#### Size:

1m x 1m x 20mm, 1m x 1m x 40mm